



**DEPARTMENT OF
COMMUNICATION STUDIES**
SCHOOL OF LIBERAL ARTS
Indiana University
Indianapolis

R110 Section 25514

Instructor Name Here

Thesis Statement: I will tell you a little about myself and the struggles I experience on a day-to-day basis, then I will provide two examples of how I have fallen and risen above.

*label speech
functions*

content of speech

**RIGHT
COLUMN**
*Label physical
behaviors*

Attention	<p style="text-align: center;">INTRODUCTION</p> <p>I. Confucius, who once said, “Our greatest glory is not in never falling, but in rising every time we fall”. We fall and we fail, but what matters is how we respond to it.</p> <p>II. We have all experienced times in our life where we fall flat on our faces, whether it be in our college classes, relationships, or even just walking down the street.</p> <p>III. Without a doubt, I have had many times of struggles and failures. Just this past semester, I fell flat on my face as I was juggling too much in my life. One day I hit rock bottom, but I</p>	Gestures to the audience
TIA		
Credibility		
Thesis		

	<p>soon learned that the only way out was to rise above and learn from my mistakes.</p> <p>IV. I will tell you a little about myself and the struggles I experience on a day-to-day basis, then I will provide two examples of how I have fallen and risen above.</p>	
<p>Main Point</p> <p>Sub-Point</p> <p>Sub-Sub-Point</p> <p>Sub-Sub-Point</p> <p>Sub-Point</p>	<p style="text-align: center;">BODY</p> <p>I. My name is Maria and I have lived in Indiana all my life.</p> <p>A. As the youngest of 4 kids, I have followed in my siblings' footsteps for most of my life.</p> <p>1. By attending the same high school and college, I have strived to pave my own path in hopes of living my life rather than following theirs.</p> <p>2. This has motivated me to reach new heights and take risks, such as running for office positions in organizations.</p> <p>B. By taking risks, I know there is a potential for failure, but through Confucius's words that "Our greatest glory is not in never falling, but in rising every time we fall", I have learned to rise above my short-comings to achieve more.</p>	<p>Optimistic tone</p>
Transition	With this quote in mind, I will demonstrate how I struggle both physically and academically.	Change to serious tone.

Main Point	II. From falling on the playground to slipping on ice, we have all experienced the pain and humility of falling down in front of people.	
Sub-Point	A. In 8 th grade, I was part of the Riverside Track Team and I was assigned to running the 100-meter dash.	
Sub-Sub-Point	1. I recall being so close to the finish line when I landed hard on the track in front of a very large crowd.	
Sub-Sub-Point	2. Yes, I was in pain and absolutely humiliated, but I knew I had to be strong and peel my scratched knees off the track.	
Sub-Point	B. Rising amidst the physical or even emotional pain not only makes you a stronger person but teaches you a little more about yourself.	Short pause
Transition	While I learned to rise above the physical pain I was enduring, I have also experienced struggles and even failures in my academic career.	
Main Point	III. It may be easier for us to fool ourselves and not admit to our short-comings and failures.	
Sub-Point	A. This past semester I thought I was ready for everything college has been talked up to be, but I was proved wrong very quickly after falling flat on my face in chemistry, the subject I am getting my major in.	Use of disappointed tone.
Sub-Point		

	<p>B. I, for one, didn't expect to see such a low score on my first exam, but it was what I learned from my mistakes in that exam that allowed me to rise up and excel in the next 4 exams.</p>	
<p>Restate Thesis (review of Main Points)</p> <p>Clincher/tag/ exit line or Final Appeal</p>	<p style="text-align: center;">CONCLUSION</p> <p>I. Rising above the challenges in our own life is much easier said than done, but I have explained two instances in my life where I have been able to accomplish this.</p> <p>II. Confucius reminds us that "Our greatest glory is not in never falling, but in rising every time we fall". I hope this gives you the determination and inspiration to overcome whatever struggle you are currently enduring.</p>	

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